

SCOTT JOSEPH: A FOODIE'S GUIDE TO FALL • BOB MORRIS: HUMBLLED BY SWAMP CABBAGE

ORLANDO HOME & LEISURE

OCTOBER 2010

2010 HOME OF THE YEAR AWARDS

DECORATING WITH
FOREIGN ACCENTS

GHOSTS OF SAVANNAH

HAUNTING FOLK ART

PLUS: HOME-IMPROVEMENT
TIPS FROM CELEBRITY
DESIGNER JOHN GIDDING



GREEN DESIGN

Terra Verde

Entered by Kay Green Design

Team Members: Building Designer, Jim Lucia, Lucia & Monday; Builder, Dr. Anna Marie Chwastiak (owner); Kitchen Designer, Rick Caccavello, Central Kitchen and Bath

Call it a “greenovation.” This 1970’s equestrian ranch home, which also took top honors in the remodeling category, is owned by Dr. Anna Marie Chwastiak, a Weather Channel television personality. Eco-friendly touches in the kitchen include central island cabinets made of sleek coconut palm with perimeter cabinets made of fast-growing bamboo. Finishes are formaldehyde free. The countertops are made of recycled glass with the island countertops fashioned from recycled ale and wine bottles, hence the amber hue. The backsplash is EchoGlass, which is 100 percent post-consumer glass, while the kitchen floor is EchoBlox, which is 25 percent recycled material. Electrolux appliances are Energy Star-rated. The bathroom features mounted body dryers, which saves energy by eliminating the need to use and wash

towels. After gutting the interior walls, the original porches were incorporated into the home’s structural walls. In order to increase the home’s energy efficiency, at least six inches of Icynene spray insulation – a product that contains castor oil and is considered more green than standard spray foam insulation – was applied under the roof. Holes were drilled throughout the exterior block walls and Core-Fill insulation was pressure-injected to fill the hollow blocks. Using the earth itself to cool and heat the house, a geothermal system, installed in an adjacent pasture, was also part of the project. Because ground temperature remains roughly 72 degrees year-round in Florida, water that runs through the coil system is cooled or heated to ground temperature, then channeled back into the main unit and used to cool or heat the house. Even during the summer, the interior remains a comfortable 76 degrees.

FROM THE JUDGES

I like the green finishes used... a commonsense approach to green remodeling.

PHOTOS: COURTESY KAY GREEN DESIGN



REMODEL

Terra Verde

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The Eustis home of Dr. Anna Marie Chwastiak also won top honors in the green renovation category. But what really impressed the judges was the fact that the remodeled portions of the sprawling ranch home were virtually indistinguishable from the original portions of the home, meaning that the job was seamless. "My friends are amazed I actually lived here during the construction," says Chwastiak, who, along with her fiancé and production manager Todd Trepiccione, told *Ocala Magazine* that she appreciates the opportunity to have hands-on involvement in the project. When Chwastiak bought the sprawling Florida ranch house, she told the magazine, "It looked like the Brady Bunch might have lived there." The early '70s décor included plastic lattice on inside walls and drapes that Chwastiak swears were department store originals.

FROM THE JUDGES

An outstanding example of how to conserve resources by renovating an existing house... the transformation is astonishing... shows what's possible when you have a highly creative designer at the helm... smashing, creative, great use of finishes.

